



THE COLLEGE OF
OPTOMETRISTS

Stage Two

Overarching case scenario 88

AGE AND GENDER Female Aged 46 years

ETHNIC BACKGROUND Japanese

OCCUPATION AND HOBBIES Translator. Drives. Hobbies: Flower arranging, Pilates and cake maker.

PRESENTING SYMPTOMS AND HISTORY Had an eye test two months ago. Was advised first time multifocal lenses. However, since collecting the new specs four weeks ago, is complaining of experiencing distortion and vertigo. Dispensing optician has adjusted the fit and advised patient to persevere as there is an adaptation period with first time multifocal wear. Focimetry has shown that the prescription matches what was ordered. This is a recheck appointment as the symptoms have persisted

GENERAL HEALTH AND MEDICATION No change since the last test – all good. As mentioned last time, has altered diet as cholesterol was slightly high at the last medical check.

PRESENT Rx, CENTRATION AND ACUITIES Spectacles Hoya Balansis progressive lenses ocd=60cm

RE: -0.75/-0.50 x 30 Add+1.50

LE: -0.75/-0.25 x 55 Add+1.50

VA RE: 6/5 N5 LE: 6/5 N5

PD/NCD 60/57 at 35cm

REFRACTION at last eye test (two months ago)

RE: -0.75/-0.50 x 25 Add+1.50

LE: -0.50/-0.25 x 60 Add+1.50

VA RE: 6/5 N5 LE: 6/5 N5

REFRACTION today

RE: -0.75/-0.50 x 25 Add+1.00

LE: -0.50/-0.25 x 60 Add+1.00

VA RE: 6/5 N5 LE: 6/5 N5

PUPIL REACTIONS direct, consensual and near reflexes present

FUNDUS EXAMINATION as per the eye test two months ago.

FIELDS not carried out at this recheck appointment

IOP not carried at this recheck appointment

EXTERNAL EYE EXAMINATION View during direct ophthalmoscopy was clear, no redness, no lesions or opacities noted.